

Honeycomb honey jar and spoon by William Yeoward, \$135 order online for pickup at Neiman Marcus, Natick Mall, Natick, 508-620-5700, neimanmarcus.com



Ceramic apple, \$12.60 at Arhaus, 75 Middlesex Turnpike, Burlington, 781-272-0265, arhaus.com

# How *sweet* it is

Celebrate the harvest (and the Jewish New Year) with apples and honey

BY MARNI ELYSE KATZ | GLOBE CORRESPONDENT



Apple plate by Michael Aram, \$95 at Bloomingdale's, The Shops at Chestnut Hill, Chestnut Hill, 617-630-6000, bloomingdales.com



Bumble honey dipper, \$11.95 at CB2, 188 Brookline Ave., Boston, 617-203-7775, cb2.com



Apple peeler, slicer, and corer, \$12.99 at World Market, 1 Worcester Road, Framingham, 508-626-1529, worldmarket.com

Fieldstone hanging beehive shelter by Farmhouse Pottery, \$95 at Didriks, 77 Leonard St., Belmont, 617-993-3188, didriks.com



## Funny women . . . serious business

HOT TICKET



DAVID FOX

Susan Wornick and Karen Holmes Ward are the emcees.

Rosie's Place hosts its annual "Funny Women ... Serious Business" fund-raising luncheon on Wednesday, Oct. 16, at the Boston Convention and Exhibition Center. This year's featured speaker is Glennon Doyle, creator of the wildly popular Momastery.com blog and author of New York Times bestsellers "Love Warrior" and "Carry On, Warrior."

Rosie's Place was founded in 1974 as the first women's shelter in the United States; Doyle founded Together Rising, a nonprofit organization that has raised more than \$11 million for women, families, and children in crisis.

Sip, sup, browse jewelry created by artisans from the Women's Craft Cooperative at Rosie's Place, and listen to personal stories from women who have benefited from the shelter. WCVB's Karen Holmes Ward and Susan Wornick emcee the festivities, alongside fellow TV personalities Latoyia Edwards, Kate Merrill, Amaka Ubaka, and Vanessa Welch.

Buy tickets (\$200) at [rosiesplace.org/fwsb](http://rosiesplace.org/fwsb).

KARA BASKIN

## Harnessing the impulse to work out

OBSESSION



IMPULSE BODY FITNESS

What if you could exercise on impulse instead of eat? As if. You can, however, head to an aptly named studio. Impulse Body Fitness offers workouts that incorporate electrical muscle stimulation technology.

During the class, trainers deliver electric impulses to targeted muscles using a device connected to electrodes stuck to your skin. It's not all high-tech wizardry — squats and planks still required. The studio pop-up is slated to be in Boston through March 2020. *IMPULSE Body Fitness, 234 Clarendon St., Boston, 857-264-6002, [impulsebodyfitnessboston.com](http://impulsebodyfitnessboston.com)*

MARNI ELYSE KATZ